

Writing Paper

Exam Center _____

Date of test _____

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Task 2

Write a medical case report on a patient presented to the medical centre. Use information provided below. Complete this writing task in 130-150 words.

- **Patient data:** 38 yo, F
- **On admission:** anemia / fatigue
- **Hx:** hypertension / diabetes mellitus type 2/ 2 months before hospitalized / diagnosed with acute hepatitis A and treated
- **Family history:** no liver diseases / no alcohol use
- **On examination:** jaundice, scleral icterus and diffuse abdominal tenderness
- **Investigations:** blood test - bilirubin 49.6 mg/dL, creatinine of 1.87mg/dL, hemoglobin 3.6 g/dL/ no signs of bleeding
- **Diagnosis:** hemolytic anemia
- **Treatment:** transfusion of packed red blood cells: 4 units / Prednisone 40mg daily: stopped after 2 doses / symptoms improvement
- **Treatment evaluation:** discharged home in a good condition / hemolysis markers improved
- **Instructions:** blood work weekly / liver function tests

Model answer

A 38-year-old female with a past medical history of type 2 diabetes and hypertension was presented to the medical centre for management of anemia. Two months before the admission she was diagnosed with acute hepatitis A and treated.

The patient has no family history of liver disease and does not use any alcohol. Physical examination revealed jaundice, scleral icterus and diffuse abdominal tenderness.

Blood tests showed minimal improvement in her liver function with a total bilirubin of 49.6 mg/dL, a creatinine of 1.87mg/dL and hemoglobin of 3.6 g/dL. She had no signs of bleeding. She was transfused 4 units of packed red blood cells and started on Prednisone 40mg daily because of the diagnosed hemolytic anemia. Steroids were stopped after two doses as the symptoms subsided.

The patient was discharged home in a good condition. Markers of hemolysis improved, and she continues weekly blood work together with liver function tests.

(150 words)

Sources: <https://www.jclinmedcasereports.com/articles/OJCMCR-1575.pdf>

Sobotka LA, Korada SK, Wellner M, Michaels A. An unusual complication of acute viral hepatitis A: Hemolytic anemia. Open J Clin Med Case Rep. 2019; 1575. Content published in the journal follows Creative Commons Attribution License (<http://creativecommons.org/licenses/by/4.0>). © Michaels A 2019. Open Journal of Clinical and Medical Case Reports is an international, open access, peer reviewed Journal focusing exclusively on case reports covering all areas of clinical & medical sciences.