

Writing Paper

Exam Center _____

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Task 2

Write a medical case report on a patient presented to the medical centre. Use information provided below. Complete this writing task in 130-150 words.

- **Patient data:** 38 yo, F
- **On admission:** anemia / fatigue
- **Medical history:** hypertension / diabetes mellitus type 2 / 2 months before hospitalized / diagnosed with acute hepatitis A and treated
- **Family history:** no liver diseases / no alcohol use
- **On examination:** jaundice, scleral icterus and abdominal tenderness
- **Investigations:** blood test - bilirubin 49.6 mg/dL, creatinine of 1.87mg/dL, haemoglobin 3.6 g/dL no signs of bleeding
- **Diagnosis:** hemolytic anemia
- **Treatment:** transfusion of packed red blood cells: 4 units / Prednisone 40mg daily: stopped when the symptoms got better
- **Treatment evaluation:** discharged home in a good condition / hemolysis markers on a good level
- **Instructions:** blood tests weekly / liver function tests

Model answer – Case Report

A 38-year-old female with a past medical history of type 2 diabetes and hypertension was admitted to the medical centre for treatment of anemia. The patient had been in hospital two months before with abnormal liver function tests. She has no family history of liver disease and does not drink any alcohol. She was diagnosed with acute hepatitis A and treated. Physical examination showed jaundice, scleral icterus and abdominal tenderness. The results of blood tests were: bilirubin 49.6 mg/dL, creatinine 1.87mg/dL and hemoglobin 3.6 g/dL. There was no bleeding. Hemolytic anemia was diagnosed. She was transfused 4 units of red blood cells and administered Prednisone 40mg daily. As the symptoms got better, the medications were stopped, and the patient did not need any additional transfusions. Markers of hemolysis were on a good level by the time of discharge and she was recommended weekly blood tests together with liver function tests.

(149 words)

References: Simou M, Ezzouine H, Raja A, Louardi M, Khaoury I, et al. Spontaneous Pneumomediastinum: Conundrum of Unusual Complication of Covid19 (A Case Report). JOJ Case Stud. 2020; 11(4): 555

[Spontaneous Pneumomediastinum : Conundrum of Unusual Complication of Covid19 \(A Case Report\)](https://www.juniperpublishers.com)
[\(juniperpublishers.com\)](https://www.juniperpublishers.com)

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