

Speaking Paper

Exam Center _____
Date of test _____
Test-taker ID _____

<http://medicalenglishtests.eu/>



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INTRODUCTORY TALK

The examiner at each level will ask the candidate one introductory question:

Tell me/us in a few words about yourself and your professional duties.

Then examiner will ask three questions on one of the topics listed below.

1. Choice of profession.
2. Education for healthcare professionals.
3. Daily routine of the professional.
4. Future of the nursing profession.
5. Research and development of the nursing profession.
6. Healthcare professional - client relationship.
7. Healthcare system.
8. Preventive Medicine.
9. Role of foreign languages in healthcare.
10. Conventional vs. alternative medicine.

SITUATION

Task: Use the information presented below to interact with the patient in a professional way.

Location: Psychiatry Clinic of the County Emergency Hospital

You: Psychiatric nurse

Examiner: Patient

FACT SHEET

You are a registered psychiatric nurse, trained for nursing care in electroconvulsive therapy (ECT), working at the Psychiatry Clinic of the County Emergency Hospital. You have to prepare a 29-year-old patient for ECT. He lives with his elderly mother and he was brought into the hospital by family (brother/sister) after the neighbours had reported to the police that they saw him in the house, chasing his mother with a knife. He was immediately admitted to the psychiatric ward. Drug treatment failed to work. Now you are preparing the patient for ECT. The hospital would rather not take responsibility for the patient's valuables (jewellery, money, etc). Usually family members are asked to take them home.

ECT - Electroconvulsive therapy is a procedure, done under general anaesthesia, in which small electric currents are passed through the brain, intentionally triggering a brief seizure. ECT seems to cause changes in brain chemistry that can quickly reverse symptoms of certain mental health conditions. It is a minor surgical procedure that requires preoperative preparation and postoperative care. Personal items (prostheses, dentures, glasses, hearing aids, contact lenses, piercings, or earrings) should be removed before the procedure.

Although ECT is generally safe, **risks and side effects** may include:

- **Confusion.** Immediately after treatment which can last from a few minutes to several hours. Rarely, confusion may last several days or longer. Confusion is generally more noticeable in older adults.
- **Memory loss.** Some people have trouble remembering events that occurred right before treatment or in the weeks or months before treatment or, rarely, from previous years. These memory problems usually improve within a couple of months after treatment ends.
- **Physical side effects.** On the days of an ECT treatment, some people experience nausea, headache, jaw pain or muscle ache. These generally can be treated with medications.
- **Medical complications.** As with any type of medical procedure, especially one that involves anaesthesia, there are risks of medical complications. During ECT, heart rate and blood pressure increase, and in rare cases, that can lead to serious heart problems.

Act out the previously presented situation based on the following tasks.

Note: *You will be assessed on your ability to communicate not on your reading comprehension or your medical knowledge.*

TASKS

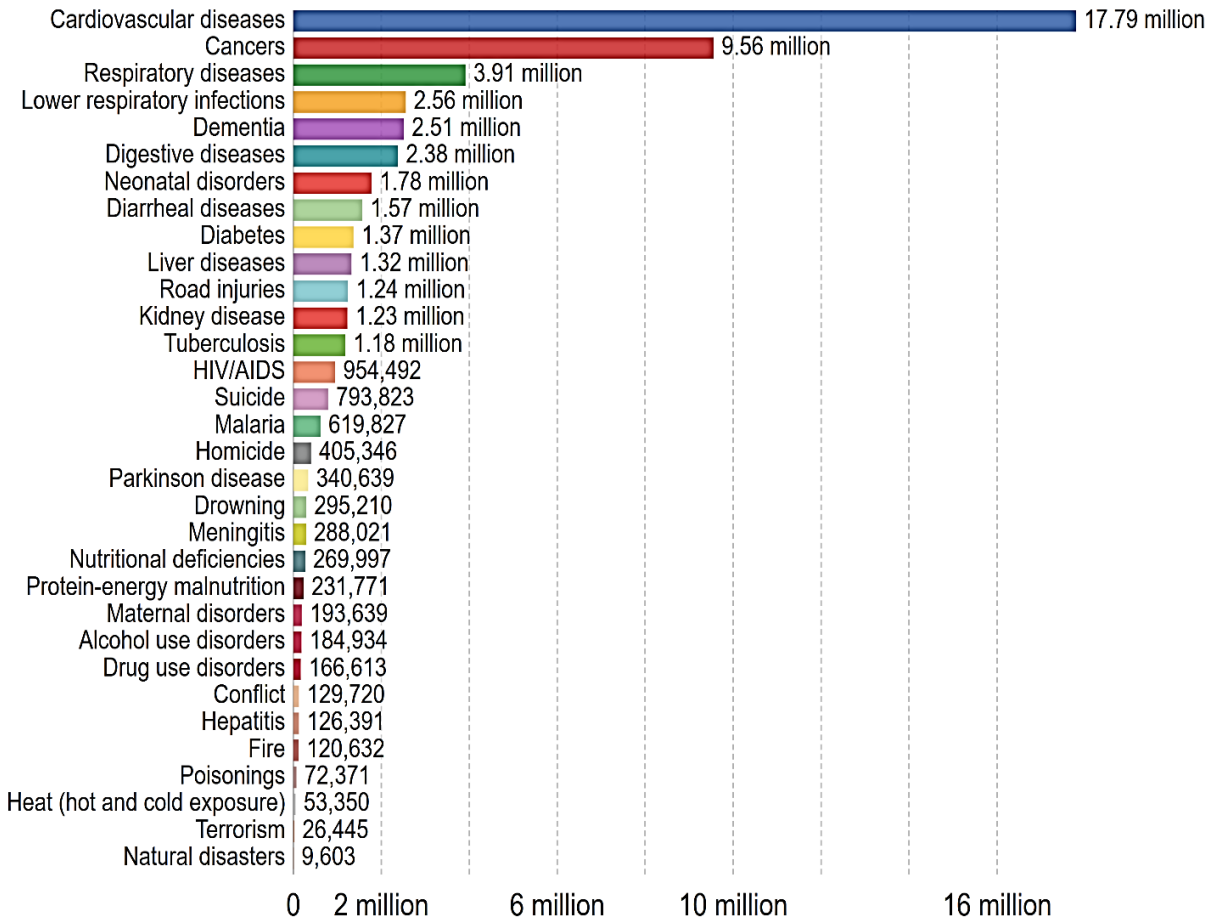
1. Explain why ECT is necessary.

Inform the patient about:

2. the procedure of ECT
3. side effects
4. medical complications
5. informed consent
6. safekeeping of valuables.
7. Prepare the patient before the procedure (bathroom, etc.)
8. Tell about the removal of personal items.
9. Reassure and support the patient.
10. Ask if the patient understood everything and if he has any further questions.

Describe and explain the following diagram. Present the detailed information in 5-7 minutes.

Number of deaths by cause, World, 2017



Source: <https://ourworldindata.org/causes-of-death>